**President**

Lara Grauer

**VP Education**

Oleg Kobzar

**VP Membership**

Paula Liu

**VP Public Relations**

Isabella Zhang

**Secretary**

Aleli Manalili

**Treasurer**

Jimmy Matsuura

**Sergeants-At-Arms**

Petar Spasic

We meet the 2nd, 3rd, 4th, and 5th Saturdays of each month 7:30 am – 9:00 am

Location can be found   
on our website

seattlesunrisetoastmasters.com

**Toastmasters International**

[www.toastmasters.org](http://www.toastmasters.org)

**The mission of a Toastmaster Club is to provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.**

**Theme**

**Date**

**Word of Day:**

**9:00 President Calls Meeting to Order**

**9:01 President Introduces the Toastmaster**

Toastmaster of the Day

**9:05 Role Introductions:**  Grammarian/Ah counter

Timer

**Speakers**

**9:10** Title & time:

Project:

Objective:

**9:20**Title & time:

Project:

Objective:

**9:30**Title & time:

Project:

Objective:

**9:45 Table Topics**

Timer table topics report & vote for best table topics

**10:00 Speech Evaluations (2 – 3 min each)**

Evaluator 1

Evaluator 2

Evaluator 3

Evaluator 4

**10:15 General Evaluator (4 – 5 min)**

**10:20** Grammarian/Ah counter report (1 – 2 min)

Timer report and vote for best evaluator

Toastmaster Closing Remarks

**10:30 President Makes Closing Remarks   
and Meeting Adjourns**